Medical Intuition and Symbolic Diseases Residential Retreat

Website Program Description

Prerequisites: None

Many factors affect our health, from genetics and environmental pollution to toxic emotions. Medical Intuition can provide valuable tools to find the underlying causes of a physical or emotional condition. Our bodies speak to us constantly and have much to teach us, if we can learn to listen by using Medical Intuition.

This three-day weekend retreat will be an opportunity to cultivate your practice of inner guidance and explore the way medical intuition complements a holistic approach to health. Deep relaxation and imagery exercises will allow participants to develop their intuitive abilities. Learning to think symbolically about illnesses is also an important skill and has the potential to transform symptoms through the use of metaphors. Participants will learn how to process this metaphorical information from the body, with Emotional Freedom Techniques (EFT), plus breathing and shaking techniques.

Illnesses of unknown origin in Western medicine, such as autoimmune diseases, may represent symbolic expressions of underlying psychospiritual imbalances and these, too, can be explored intuitively. Suppression of these symptoms, which are messengers from our unconscious, is a significant barrier to healing and a major deficiency in our society's approach to healthcare.

Larry Burk, MD, CEHP, is an integrative physician and musculoskeletal radiologist, trained in hypnosis, acupuncture and EFT. He was co-founder of Duke Integrative Medicine, a founding board member of the American Board of Scientific Medical Intuition and former board president of the Rhine Research Center. He is author of Let Magic Happen: Adventures in Healing with a Holistic Radiologist. His many articles, video blogs and newsletters can be found at http://www.letmagichappen.com.

Winter Robinson, M.Ed., is internationally recognized as an author, teacher, consultant and medical intuitive, adept at facilitating the intuitive process, multi-sensory development and exploring human consciousness. A licensed therapist, she is the author of A Hidden Order: Uncover Your Life's Design; Intuitions: Seeing With Your Heart; and Remembering: A Gentle Reminder of Who You Are. She has also created a series of guided imagery CDs to help the listener reduce stress and deepen the alliance with the source of inner wisdom. A board-certified therapist who graduated from the University of Virginia (M.Ed.), Winter began her career as a therapist at the Addiction Research Foundation (Toronto). She headed up a pilot study facilitating the art of medicine (medical intuition) to medical students at Brown University. For many years Winter was a TMI residential trainer and a research subject in the institute lab.